

# DAILY GRATITUDE SHEET

..... day the ..... day of ..... 20.....

3 THINGS I'M GRATEFUL FOR TODAY...

1. ....

2. ....

3. ....

  

3 IMPORTANT THINGS TO DO TODAY...

1. ....

2. ....

3. ....

  

TODAYS POSITIVE WORD:

\_\_\_\_\_

3 THINGS I'M GRATEFUL FOR TODAY...

1. ....

2. ....

3. ....

  

3 IMPORTANT THINGS TO DO TODAY...

1. ....

2. ....

3. ....

  

TODAYS POSITIVE WORD:

\_\_\_\_\_

3 THINGS I'M GRATEFUL FOR TODAY...

1. ....

2. ....

3. ....

  

3 IMPORTANT THINGS TO DO TODAY...

1. ....

2. ....

3. ....

  

TODAYS POSITIVE WORD:

\_\_\_\_\_

3 THINGS I'M GRATEFUL FOR TODAY...

1. ....

2. ....

3. ....

  

3 IMPORTANT THINGS TO DO TODAY...

1. ....

2. ....

3. ....

  

TODAYS POSITIVE WORD:

\_\_\_\_\_

